

HEALTH COST-EFFICIENCY BRIEF – Direct Delivery of Health Services

Jordan, 2022–2023

Summary

In 2022 and 2023, the International Rescue Committee (IRC) provided health services at the IRC clinic in Za'atari refugee camp to meet the health needs of the refugee population. The IRC analyzed the cost-efficiency of health services for communicable diseases, non-communicable diseases, antenatal/postnatal care, immunization, and family planning.

The analysis finds that the cost-efficiency of these health services is driven by several key factors: type of health service provided, staffing, medical supplies, number of consultations, number of clients, number of couple-years of protection (CYPs), and long-acting and permanent methods (LAPMs) provided for family planning.

This means that health services can optimize cost-efficiency by serving more clients with more consultations, increasing service provider capacity, addressing contextual barriers to access health services, considering alternative delivery modalities (e.g., community health strategies), and expanding the range of family planning methods available to choose from, including LAPMs.

Introduction

Za'atari camp is the largest refugee camp in Jordan, hosting more than 80,000 refugees, about half of whom are children (55%).¹ About three quarters of refugees (76%) rely on clinics operated by non-governmental organizations (NGOs) in the camp to meet their health needs.²

Due to funding constraints, the availability of health facilities providing services in the camp had decreased. The remaining health facilities were extending services and stretching their capacity to meet the health needs within the camp.

In 2022 and 2023, the International Rescue Committee (IRC) provided Primary Health Care (PHC) and Reproductive Health Care (RHC) services at the IRC static clinic in District 5 of Za'atari camp.

The IRC analyzed the cost-efficiency of different PHC and RHC services (Table 1) to understand the drivers of cost-efficiency and identify lessons learned as well as potential areas for improvement.

| Health Service | Description |
|---|--|
| Primary Health Care (PHC) | |
| Communicable Diseases (CD) | Treatment of communicable diseases such as ENT infections, upper respiratory tract infections, skin infections, and urinary tract infections, including physical assessment and diagnosis aligned with national protocols. |
| Non-Communicable Diseases (NCD) | Care of non-communicable diseases such as hypertension, diabetes, cardiovascular conditions, asthma, and chronic obstructive pulmonary disease, including follow-up checks, health education, and medication. |
| Reproductive Health Care (RHC) | |
| Antenatal Care and Postnatal Care (ANC/PNC) | Direct provision of antenatal and postnatal care, excluding delivery of babies. |
| Immunization (Vax) | Direct provision of vaccines for common childhood diseases such as measles, mumps, rubella, polio, diphtheria, pertussis, tetanus, hepatitis, tuberculosis, aligned with the Expanded Programme on Immunization (EPI) protocol by the Ministry of Health. ³ |
| Family Planning (FP) | Direct provision of family planning counseling and methods, including health awareness sessions at the health facility and procurement of family planning commodities. |

Table 1: Health services directly delivered at the IRC static clinic in Za'atari refugee camp in 2022 and 2023.

¹ <https://data.unhcr.org/en/documents/details/109661>

² <https://data.unhcr.org/en/documents/details/111744>

³ <https://www.unicef.org/jordan/stories/routine-childhood-immunizations>

Analysis Methodology

For all health services, we analyzed the following cost-efficiency metrics: **cost per client; cost per consultation; cost per CYP** (Couple-Years of Protection) (for FP).

We analyzed the cost-efficiency of all health services across two separate time periods of program implementation: the first period analyzed was January–December 2022; the second period analyzed was January–December 2023.

We calculated the cost-efficiency of each health service using the total financial costs incurred within each time period of implementation divided by the total number of unique clients reached, total number of consultations provided, and total number of CYPs provided respectively, within the same time period of implementation. Each unique client served for each health service may have received multiple health services within the same period.

The financial costs include actual program costs, support costs, and indirect costs incurred from the implementer's perspective. We calculated the support costs and indirect costs for each health service using the proportion of program costs incurred for that health service out of the total program costs incurred by the overall project funding within each time period, according to the Cost Analysis Methodology at the IRC.⁴ We excluded the costs incurred by other NGOs for

community engagement outside the health facility and costs incurred by clients to seek health services, as we chose to limit the scope of this analysis to required costs for the IRC to deliver these services.

The number of consultations provided is the actual number of client visits for each health service within each time period of implementation. There may be multiple consultations provided to the same client within that time period. Since there are other health facilities in Za'atari refugee camp, clients may have visited the IRC clinic as well as other health facilities to receive health services. For Immunization (Vax), each consultation may have provided between 0-3 vaccine doses⁵, depending on the client's health status and vaccination status at the time of consultation, and clients may have received some vaccine doses within their EPI schedule from other health facilities.

For family planning (FP), the number of Couple-Years of Protection (CYP) provided is the estimated protection from unintended pregnancy over a one-year period, based on the volume of contraceptive methods provided to clients, excluding condoms.⁶

⁴ <https://www.rescue.org/report/cost-analysis-methodology-irc>

⁵ <https://www.unicef.org/jordan/stories/routine-childhood-immunizations>

⁶ <https://www.data4impactproject.org/prh/family-planning/fp/couple-years-of-protection-cyp/>

Results

| All figures are in 2023 USD | CD | NCD | ANC/PNC | Vax | FP |
|--|------------|------------|-----------|-----------|-------------------|
| Jan-Dec 2022 | | | | | |
| Program + support + indirect costs | \$ 443,274 | \$ 702,290 | \$ 31,640 | \$ 51,109 | \$ 130,261 |
| Number of consultations | 13,299 | 12,636 | 910 | 2,464 | 5,364 |
| Number of clients | 8,348 | 3,854 | 475 | 1,405 | 2,429 |
| Average number of consultations per client | 1.6 | 3.3 | 1.9 | 1.8 | 2.2 |
| Number of CYPs (excluding condoms) | | | | | 313 |
| Proportion of LAPMs (long-acting and permanent methods) out of all methods provided, excluding condoms | | | | | 3% (45 LAPMs) |
| Average cost per consultation | \$ 33 | \$ 56 | \$ 35 | \$ 21 | \$ 24 |
| Average cost per client | \$ 53 | \$ 182 | \$ 67 | \$ 36 | \$ 54 |
| Average cost per CYP | | | | | \$ 416 |
| Jan-Dec 2023 | | | | | |
| Program + support + indirect costs | \$ 476,160 | \$ 951,663 | \$ 53,780 | \$ 53,390 | \$ 158,685 |
| Number of consultations | 21,064 | 22,079 | 1,318 | 2,779 | 5,400 |
| Number of clients | 11,832 | 6,868 | 624 | 1,702 | 2,543 |
| Average number of consultations per client | 1.8 | 3.2 | 2.1 | 1.6 | 2.1 |
| Number of CYPs (excluding condoms) | | | | | 661 |
| Proportion of LAPMs (long-acting and permanent methods) out of all methods provided, excluding condoms | | | | | 6% (115 LAPMs) |
| Average cost per consultation | \$ 23 | \$ 43 | \$ 41 | \$ 19 | \$ 29 |
| Average cost per client | \$ 40 | \$ 139 | \$ 86 | \$ 31 | \$ 62 |
| Average cost per CYP | | | | | \$ 240 |

Table 2: Average cost per client, average cost per consultation, and average cost per CYP of health services directly delivered at the IRC static clinic in Za'atari refugee camp in 2022 and 2023.

There is significant variation in the cost per client and cost per consultation of different health services, ranging between \$31–182 per client and \$19–56 per consultation. Most of the costs were incurred on staffing and medical supplies.

We can put these costs into context by comparing them with the amount that households in Za’atari refugee camp paid for health services (if and when they had to pay). According to a UNHCR survey in 2024, households paid roughly US\$ 71 per household visit (50 Jordanian Dinars, although there was no information on the types of health services received for this amount).⁷ The costs per client of IRC’s health services are in line with this amount in terms of magnitude, except for NCD, which is a more specialized service.

Due to the heterogeneity of different health services, each type of health service incurred a different cost per client and cost per consultation (Figure 1). Decision-makers should exercise sound judgment when assessing the cost-efficiency and value for money of different health programs by better understanding the types of services provided and their respective costs.

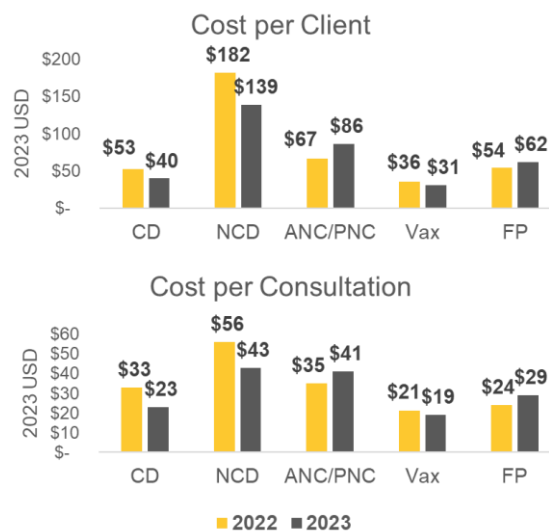


Figure 1: Average cost per client and average cost per consultation of health services directly delivered at the IRC clinic in Za’atari refugee camp in 2022 and 2023.

For each health service, around half of total costs (56–62%) were for national program staff (21–53%), non-staff personnel (3–20%, these are service providers), and medical supplies (5–27%) (Figure 2). As such, if future health programs would not require procurement of medical supplies (for example, due to in-kind donations from other actors), we would expect program staff and non-staff personnel to be the largest area of spending.

⁷ <https://data.unhcr.org/en/documents/details/111744>

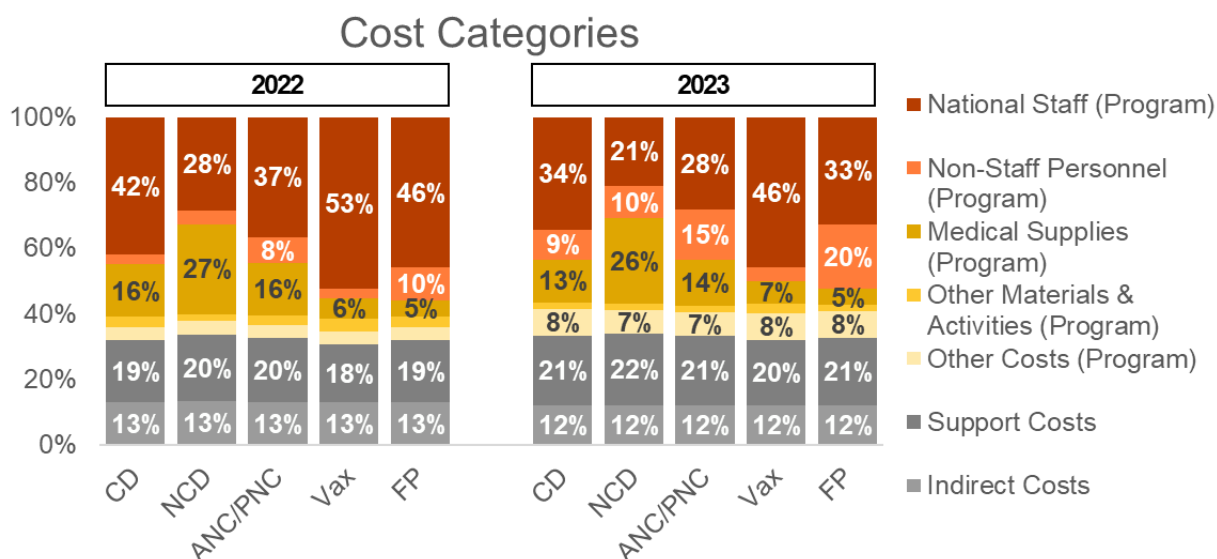


Figure 2: Cost categories of health services directly delivered at the IRC clinic in Za'atari refugee camp in 2022 and 2023.

The treatment of communicable diseases incurred lower cost per client and lower cost per consultation when more clients were treated, and more consultations were provided. Increasing service provider capacity and addressing contextual barriers to access health services can help serve more clients with more consultations and optimize cost per client and cost per consultation.

The total costs to provide treatment of communicable diseases were similar in 2022 (\$443,274) and 2023 (\$476,160), but the number of consultations and clients increased from 2022 (13,299 consultations, 8,348 clients) to 2023 (21,064 consultations, 11,832 clients) (Figure 3), after the investments in 2022 enhanced service provider capacity to treat more clients with more consultations in 2023. As such, the cost-efficiency improved from 2022 (\$33 per consultation, \$53 per client) to 2023 (\$23 per consultation, \$40 per client).

(Anecdotally, the program team indicated that the clinic and service providers were operating at full capacity by 2023, so more staffing would be required if more clients are to be served with quality services.)

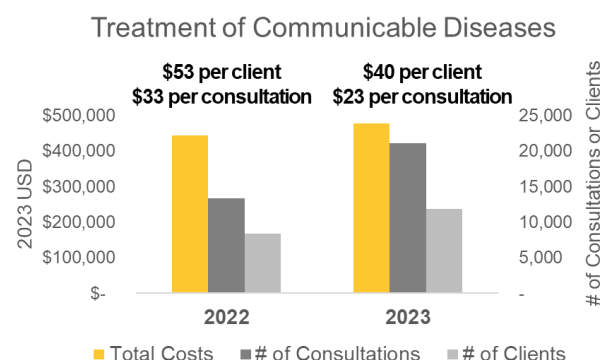


Figure 3: Total health service costs, number of consultations, and number of clients for treatment of communicable diseases (CD) at the IRC clinic in Za'atari refugee camp.

The care of non-communicable diseases incurred the highest cost per client and cost per consultation among all health services, partially due to the highest average number of consultations per client and the highest costs of medical supplies.

Since the treatment and care of both communicable diseases (CD) and non-communicable diseases (NCD) often form the overall primary health care package of services at health facilities, we can compare NCD care with CD treatment within that package. The cost per client for NCD care (\$139–182 per client) was about 3 times higher than CD treatment (\$40–53 per client). This is partially because each NCD client received on average 2 times more consultations (3.2–3.3 consultations per client) than each CD client (1.6–1.8 consultations per client) (Figure 4), due to the need for multiple follow-up appointments to monitor and review NCD conditions. This means the cost per client will likely be higher for health services that provide more consultations per client.

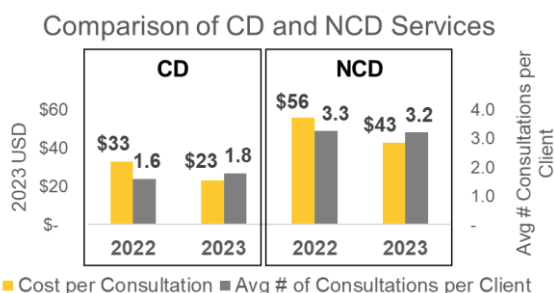


Figure 4: Cost per consultation and average number of consultations per client for treatment of communicable diseases (CD) and care of non-communicable diseases (NCD) at the IRC clinic in Za’atari refugee camp.

The cost per consultation for NCD care (\$43–56 per consultation) was also higher—almost double—compared to CD treatment (\$23–33 per consultation). This is primarily due to higher costs of medical supplies for NCD care compared to CD treatment (Figure 5).

Cost per Consultation by Category

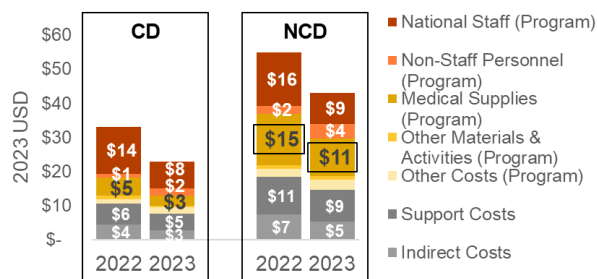


Figure 5: Cost per consultation by category for treatment of communicable diseases (CD) and care of non-communicable diseases (NCD) at the IRC clinic in Za’atari refugee camp.

Future research pilots can consider assessing the feasibility and cost-effectiveness of alternative NCD care modalities in refugee camp settings, such as community health strategies.

When more CYPs and LAPMs were provided, family planning services incurred lower cost per CYP. Improving service provider capacity and strengthening supply chain to provide LAPMs can expand the range of methods available and optimize cost per CYP.

The total costs to provide family planning services increased by 22% from 2022 (\$130,261) to 2023 (\$158,685), but the number of CYPs doubled from 2022 (313 CYPs) to 2023 (661 CYPs).

Consequently, the cost-efficiency improved from 2022 (\$416 per CYP) to 2023 (\$240 per CYP).

The increase in number of CYPs from 2022 to 2023 was not due to an increase in the number of clients (which were similar between 2022 and 2023), but due to a doubling in the number and proportion of LAPMs (such as intrauterine devices) provided out of all methods provided, from 3% in 2022 to 6% in 2023 (Figure 6).

From 2024 onwards, the IRC will start providing implants at the clinic, becoming the second clinic to provide this LAPM method within Za'atari camp and expanding the range of FP options.

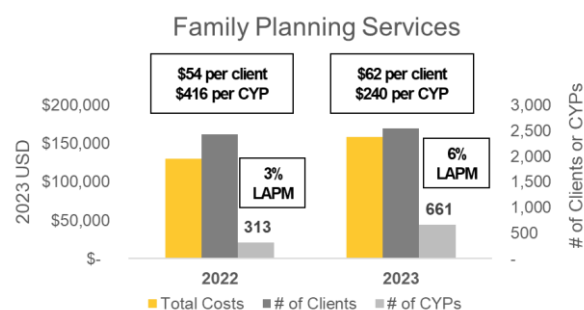


Figure 6: Total costs, number of clients, and number of couple-years of protection (CYPs) for family planning services at the IRC clinic in Za'atari refugee camp.

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For questions or more information, please contact CostAnalysis@rescue.org.



Airbel Impact Lab
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Annex: Ingredients List

Jordan | 2023 USD

| January–December 2022 | CD | NCD | ANC/PNC | Vax | FP |
|-----------------------------------|----------------|----------------|---------------|---------------|---------------|
| PROGRAM COSTS | | | | | |
| National Staff | 186,581 | 198,849 | 11,832 | 27,099 | 60,450 |
| Health Coordinator | 8,829 | 14,884 | 644 | 966 | 2,542 |
| Senior Health Program Manager | 4,594 | 7,745 | 335 | 503 | 1,323 |
| Health Manager | 3,256 | 3,094 | 223 | 603 | 1,313 |
| Senior Health Officer | 11,569 | 10,992 | 792 | 2,143 | 4,666 |
| Midwife | - | - | 3,632 | 9,833 | 21,407 |
| Nurses | 38,633 | 36,707 | - | - | - |
| Doctors | 24,757 | 23,523 | - | - | - |
| Pharmacist | 10,976 | 10,429 | 751 | 475 | 1,034 |
| Data Entry Receptionist | 14,811 | 14,072 | 1,013 | 2,744 | 5,974 |
| Security Assistant | 1,603 | 2,702 | 117 | 175 | 462 |
| Cleaner | 6,370 | 10,739 | 465 | 697 | 1,834 |
| Driver | 2,306 | 3,887 | 168 | 252 | 664 |
| Health Staff Benefits | 53,258 | 50,603 | 3,283 | 8,091 | 17,613 |
| MEAL Team | 1,549 | 2,611 | 113 | 169 | 446 |
| Information Management Team | 2,160 | 3,642 | 158 | 236 | 622 |
| Accountability Team | 286 | 482 | 21 | 31 | 82 |
| MEAL Staff Benefits | 1,625 | 2,739 | 119 | 178 | 468 |
| Non-Staff Personnel | 14,931 | 29,280 | 2,403 | 1,307 | 12,467 |
| Clinic Volunteers | 11,939 | 20,126 | 871 | 1,307 | 3,438 |
| Service Providers | 2,992 | 9,153 | 1,532 | - | 9,030 |
| Travel & Transport | 5,641 | 9,510 | 411 | 617 | 1,624 |
| Health Staff Transportation | 4,549 | 7,669 | 332 | 498 | 1,310 |
| Vehicles | 1,092 | 1,840 | 80 | 119 | 314 |
| Medical Supplies | 68,983 | 192,827 | 4,918 | 3,033 | 6,603 |
| Medical Supplies | 68,983 | 192,827 | 4,918 | 3,033 | 6,603 |
| Materials & Activities | 12,676 | 17,234 | 899 | 1,814 | 4,299 |
| Medical Equipment | 674 | 1,136 | 49 | 74 | 194 |

| | | | | | |
|--------------------------------------|----------------|----------------|---------------|---------------|----------------|
| Medical Waste Management | 206 | 348 | 15 | 23 | 59 |
| Non-Medical Supplies | 5,621 | 5,341 | 385 | 1,042 | 2,267 |
| M&E Activities | 608 | 1,025 | 44 | 67 | 175 |
| Capacity Building | 4,991 | 8,414 | 364 | 546 | 1,437 |
| Visibility Materials | 576 | 971 | 42 | 63 | 166 |
| Office Expenses | 12,086 | 20,374 | 881 | 1,323 | 3,480 |
| Clinic Expenses | 12,086 | 20,374 | 881 | 1,323 | 3,480 |
| SUPPORT COSTS | 85,194 | 143,620 | 6,214 | 9,324 | 24,533 |
| INDIRECT COSTS | 57,182 | 90,596 | 4,082 | 6,593 | 16,804 |
| TOTAL COSTS | 443,274 | 702,290 | 31,640 | 51,109 | 130,261 |
| Number of consultations | 13,299 | 12,636 | 910 | 2,464 | 5,364 |
| Number of clients | 8,348 | 3,854 | 475 | 1,405 | 2,429 |
| Number of CYPs | | | | | 313 |
| Average cost per consultation | 33 | 56 | 35 | 21 | 24 |
| Average cost per client | 53 | 182 | 67 | 36 | 54 |
| Average cost per CYP | | | | | 416 |

| January–December 2023 | CD | NCD | ANC/PNC | Vax | FP |
|---|----------------|----------------|----------------|---------------|---------------|
| PROGRAM COSTS | | | | | |
| International Staff | 12,908 | 13,529 | 808 | 1,703 | 3,309 |
| Health Technical Advisor | 12,908 | 13,529 | 808 | 1,703 | 3,309 |
| National Staff | 162,536 | 203,800 | 14,846 | 24,596 | 51,852 |
| Health Coordinator | 8,364 | 17,560 | 969 | 893 | 2,804 |
| Senior Health Program Manager | 268 | 563 | 31 | 29 | 90 |
| Health Manager | 5,791 | 6,070 | 362 | 764 | 1,484 |
| Senior Health Officer | 11,285 | 11,829 | 706 | 1,489 | 2,893 |
| Quality and Infection, Prevention & Control Manager | 3,536 | 7,425 | 410 | 378 | 1,185 |
| Midwife | - | - | 5,391 | 11,368 | 22,089 |
| Nurses | 37,371 | 39,172 | - | - | - |
| Doctors | 15,775 | 16,535 | - | - | - |
| Pharmacist | 12,638 | 13,247 | 791 | 50 | 96 |
| Data Entry Receptionist | 7,747 | 8,121 | 485 | 1,022 | 1,986 |
| Driver | 127 | 266 | 15 | 14 | 42 |

| | | | | | |
|--------------------------------------|----------------|----------------|---------------|---------------|----------------|
| Health Staff Benefits | 40,127 | 42,061 | 3,426 | 6,507 | 12,644 |
| MEAL Team | 7,176 | 15,066 | 832 | 767 | 2,405 |
| Information Management Team | 6,338 | 13,306 | 734 | 677 | 2,124 |
| Accountability Team | 706 | 1,483 | 82 | 75 | 237 |
| MEAL Staff Benefits | 5,286 | 11,098 | 612 | 565 | 1,772 |
| Non-Staff Personnel | 44,410 | 90,490 | 8,292 | 1,981 | 31,385 |
| Clinic Volunteers | 18,546 | 38,936 | 2,149 | 1,981 | 6,216 |
| Service Providers | 25,864 | 51,555 | 6,143 | - | 25,169 |
| Travel & Transport | 8,062 | 16,926 | 934 | 861 | 2,702 |
| Health Staff Transportation | 6,163 | 12,938 | 714 | 658 | 2,066 |
| Vehicles | 1,899 | 3,988 | 220 | 203 | 637 |
| Medical Supplies | 61,617 | 247,464 | 7,776 | 3,851 | 7,483 |
| Medical Supplies | 61,617 | 247,464 | 7,776 | 3,851 | 7,483 |
| Materials & Activities | 11,423 | 17,445 | 992 | 1,376 | 3,339 |
| Medical Equipment | 1,607 | 3,374 | 186 | 172 | 539 |
| Medical Waste Management | 339 | 712 | 39 | 36 | 114 |
| Non-Medical Supplies | 6,218 | 6,517 | 389 | 820 | 1,594 |
| M&E Activities | 2,188 | 4,594 | 254 | 234 | 734 |
| Visibility Materials | 1,070 | 2,247 | 124 | 114 | 359 |
| Office Expenses | 17,828 | 37,428 | 2,066 | 1,904 | 5,976 |
| Clinic Expenses | 12,107 | 25,418 | 1,403 | 1,293 | 4,058 |
| Clinic Rehabilitation | 5,721 | 12,011 | 663 | 611 | 1,918 |
| SUPPORT COSTS | 99,635 | 209,177 | 11,545 | 10,643 | 33,396 |
| INDIRECT COSTS | 57,742 | 115,404 | 6,522 | 6,474 | 19,243 |
| TOTAL COSTS | 476,160 | 951,663 | 53,780 | 53,390 | 158,685 |
| Number of consultations | 21,064 | 22,079 | 1,318 | 2,779 | 5,400 |
| Number of clients | 11,832 | 6,868 | 624 | 1,702 | 2,543 |
| Number of CYPs | | | | | 661 |
| Average cost per consultation | 23 | 43 | 41 | 19 | 29 |
| Average cost per client | 40 | 139 | 86 | 31 | 62 |
| Average cost per CYP | | | | | 240 |