The International Rescue Committee is excited to launch a multi-year project in the United States called the Center for Adjustment, Resilience, and Recovery (CARRE).

**What is CARRE?**
The Center for Adjustment, Resilience and Recovery (CARRE) is a new initiative from the International Rescue Committee to prevent and mitigate the impact of traumatic stress on forcibly displaced children, youth and families. As a nationally designated NCTSN Category II Center, CARRE represents a collaborative effort between the IRC and the National Child Traumatic Stress Network (NCTSN), via the generous support of the Substance Abuse and Mental Health Services Administration (SAMHSA).

CARRE seeks to ensure that refugee, asylum-seeking, and other forcibly displaced children, youth, and families receive culturally responsive, evidence-based, and trauma-focused treatments and service interventions across a wide array of systems.

**How will CARRE prevent the long-term negative impacts of childhood traumatic stress?**
CARRE’s goals are to:

- Increase the knowledge and skills needed to effectively serve forcibly displaced children, youth and families coping with traumatic stress;
- Culturally adapt and implement evidence-based, high impact traumatic stress interventions with forcibly displaced children, youth, and families; and
- Facilitate the knowledge exchange between subject matter experts, service agencies, and effected communities to promote adjustment, resilience and recovery in those forcibly displaced to the United States.
How can CARRE help me in my work?
CARRE provides training and technical assistance with:

- Program development for mitigating negative impacts of childhood traumatic stress in forcibly displaced populations.
- Educational products that will improve awareness, information and skills for providers on childhood traumatic stress and forcibly displaced populations.
- Tailored consultation services for specific programmatic and service delivery needs that will include cultural responsiveness to population need and engagement in care.
- Guidance on standardized measures appropriate for use with children, youth and families who have experienced forced displacement.
- Facilitation of connections and partnerships between providers to improve the continuum of care for the service population.

CARRE will also facilitate pilots of culturally adapted evidence-based treatments for families who have experienced forced displacement – if you’re interested, sign-up for our newsletter to learn more!

How do I get in touch with the CARRE team?
You can fill out a short survey to request training and technical assistance, sign up for our mailing list, or email us at CARRE@rescue.org!

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